

How You Can Help

Partner with Healthy Babies Project to help at-risk D.C. families have healthy babies and move out of the cycle of poverty.

Spread the word

Tell others about HBP services. Encourage at-risk pregnant women to contact HBP for support.

Volunteer

Offer your time and skills to help D.C. families break the cycle of poverty.

Give

Donate online, by mail, through Combined Federal Campaign (# 28380), through gifts of stock, or by planned giving to HBP. Your gifts are tax-deductible.



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Photography by Beverlie Lord, Satsun Photography: www.satsunphotography.com



Protecting tomorrow's children ... today

We help at-risk D.C. families have healthy babies and move out of the cycle of poverty.

For more information, please contact:

Healthy Babies Project, Inc.

801 17th Street NE
Washington, D.C. 20002
(202) 396-2809

www.healthybabiesproject.org

CFC # 28380

Find us on Facebook!



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*Protecting tomorrow's children ...
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The District of Columbia has among the highest infant mortality and low birth weights in our nation.

That need not be so.

For 20 years, Healthy Babies Project, Inc. (HBP) has connected high-risk, underserved pregnant D.C. women and families to health care, social services, and educational opportunities.

A Proven Model for Healthy Babies and Thriving Families

HBP's one-on-one support to women means their babies have a greater chance of surviving and thriving – and recent statistics* prove it.

- Average infant mortality among HBP clients is about 1/3 of that reported for D.C. and 29% better than the national average
- HBP clients had 54% fewer low birth weight babies than other delivering mothers in D.C.

HBP removes barriers to receiving services and connects at-risk expectant families to resources they need, so they can have:

- healthy pregnancies and healthy babies
- a plan to support themselves after delivery
- a way to leave the cycle of poverty

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A Lifeline ...

HBP has become a lifeline for D.C. teens, women, and families through its life-enriching programs.

Teen Parent Empowerment Program (TPEP):

provides health education and services to young adults ages 13-21, equipping them to be responsible parents, prevent repeat pregnancies, complete high school or a GED program, and continue with college, careers, or other post-high school options.

Home Visitation and Family Support Program:

personal, hands-on, home visits to pregnant and postpartum women and families with a nurse or social worker to facilitate access to health care, health education, and practical support.

Confident Parenting: the country's first culturally-adapted parenting skill-building program for parents of African-American children, which equips them with tools needed to parent their children responsibly.

HBP also offers free pregnancy tests, HIV testing, prenatal yoga classes, W.I.C. Mobile, childbirth education and parenting classes, a clothing closet, GED and job training classes, crisis intervention, and a host of other services.

How We Work

We reach at-risk families

We reach out to high-risk, low-income, substance-abusing, pregnant and parenting D.C. women, men, and their families.

We evaluate a family's needs

We remove barriers for health and success by helping D.C. families identify what they need.

We connect families to services

We work with partners to connect D.C. families to resources including health care, housing, nutrition, mental health services, educational support, skills building, substance abuse support, and employment.

We stay with families

We walk with D.C. families long-term to give them the best chance for success.



I wish to express full confidence in Healthy Babies Project and offer support and commitment to its continued service to the community.
D.C. Councilman Harry Thomas



HBP provides critical support for those who have no other options. HBP was a helping hand on a stepping stone for me as a young mom. The agency has helped me accomplish much.
Kwonda Z., HBP consumer

* Sources: National and DC Center for Health Statistics Vital Statistics Report; HBP program data